



## Childbirth Education Classes

Educating expectant families on their exciting journey through the birth experience

Aultman Orrville Hospital (AOH) is pleased to offer childbirth education classes that cover a variety of topics, including pregnancy, labor, modes of delivery, caring for yourself after childbirth and breastfeeding basics.

These classes are taught by an obstetric registered nurse and will assist you with making informed decisions about your birth experience. Childbirth education can also bring peace of mind and decrease anxiety.

### • 2025 Dates •

**All classes are held on Wednesday  
in the AOH Community Room from 6-9 p.m.**

Jan. 8

May 7

Oct. 1

Feb. 5

July 9

Nov. 5

April 2

Aug. 6



Fees - \$40 includes the class and a labor resource book.

To register, please contact the AOH Birth Center at 330-684-4701.

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